



South House Sexual and Gender Resource Centre

Referral Guide

Last Updated August 2015

This referral guide was created as a tool for staff, volunteers and community members who are interested in learning more about the services available in Halifax, helping to connect those in need of services to the appropriate organization or self-referring to a service. This list is not exhaustive. If your organization should be included please let us know by emailing Jude at outreach@southhousehalifax.ca. Please include your organization's name, contact info/contact person and a brief description of what you do.

This guide can be printed, distributed, edited and used by anyone who finds it useful.

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Emergency/crisis lines:

In case of emergency, you can call 911 for medical or police services

For non-emergency health information, you can call 811 to speak to a Registered Nurse. Additional information is available online at 811.novascotia.ca

Help Line: 902-421-1188 (in Halifax) or 1-877-521-1188 (elsewhere in Nova Scotia), TTY line 902-443-2660 - this 24 hour crisis line provides supportive listening and crisis support, and can help you work through a range of issues (including relationships, mental health concerns, addictions, parenting support, and food/housing concerns).

Youth Help Line: 902-420-8336 - Support for youth (unknown schedule of availability or specific services offered)

Kids Help Phone: 1-800-668-6868 – Free, anonymous, 24/7 support from professional counsellors, addressing all issues from school and relationship troubles to grief and suicide. Serves youth aged 20 and under. Online counselling and peer support is also available at kidshelpphone.ca.

Avalon 24-Hour Help Line: 902-425-0122 - if you have just experienced a sexual assault, you can call this number to speak to a Sexual Assault Nurse Examiner (SANE). This line also allows you to set up an immediate meeting with a SANE at the emergency room of the IWK, QEII, Dartmouth General Hospital, or Cobequid Community Health Centre for a medical and/or forensic exam. This service is available to people of all genders and all ages within 72 hours of experiencing sexual assault.

Mobile Mental Health Crisis Team: 429-8167 or 1-888-429-8167 - this line provides crisis support for children, youth, and adults experiencing a mental health crisis (which could include thoughts of suicide, distorted or psychotic thinking, intense anxiety, overwhelming depression, feeling unable to cope or out of control). It offers telephone crisis support throughout the HRM, and mobile response to areas served by Halifax Regional Police.

Bryony House Distress Line: 902-422-7650 – Provides support to women considering leaving an abusive partner or in an escalating situation of abuse who need help leaving. Available 24/7.

Halifax Regional Police Bullying Hotline: 490-SAVE (490-7283), text 233-SAVE, email bullyhotline@halifax.ca – Responds to calls, texts, and emails from 8 am – 8 pm Monday-Friday. The police bullying team gives support to youth, parents, and teachers dealing with a bullying or fight situation.

Abuse/sexual assault

Avalon Sexual Assault Centre general phone line: 902 422 4240

Avalon Sexual Assault Centre 24 hour help line: 902 425 0122

<http://www.avaloncentre.ca/>

1526 Dresden Row, Fourth Floor, Halifax NS B3J 3K3

Provides access to SANEs (Sexual Assault Nurse Examiners), low-cost group programming, trauma information, information for non-offending parents, free individual counselling, workshops for survivors, legal support and advocacy. Avalon's counselling services are only offered to cis women over 16 years of age (except the SANE program, which treats people of all genders and all ages).

24 Hour SANE (sexual assault nurse examiner) response line: 902 425 0122

A Sexual Assault Nurse Examiner is a Registered Nurse who has advanced training and education in forensic examinations of sexual assault victims. The SANE program is a partnership with the IWK Hospital for Women, Children and Families, the QEII Health Sciences Centre, and the Dartmouth General Hospital. On-call SANEs provide 24/7 emergency response, response to the emergency departments of the local hospitals, expert testimony in a court of law, supportive follow-up for victims and their families, and the storage of forensic evidence for up to 6 months. The SANE program WILL NOT provide: transportation, medical services outside the hospital emergency departments, or medical treatment to anyone other than a victim of sexual violence.

The Sexual Assault and Harassment Phone Line

(runs through September 2015, 24/7)

902-425-1066

A confidential, peer-to-peer phone line for people who have experienced sexual and/or gender-based violence or harassment. Our specially-trained volunteers offer non-judgemental active listening and information 24/7. A pilot project by the Dalhousie Student Union.

Nova Scotia Domestic Violence Resource Centre:

<http://www.nsdomeesticviolence.ca/>

A site that contains information about what constitutes domestic abuse and violence, how to get help, how to help others, and how to address one's own abusive behaviours. It provides a list and map of organizations throughout Nova Scotia that may be able to help, with contact information for each organization. Run by the Nova Scotia Advisory Council on the Status of Women.

Halifax Regional Police Victim Services: 902 490 5300

The Victim Services Unit of Halifax Regional Police is a police-based victim support unit. The Unit was established in 1996 to provide supportive services to victims of crime, with particular emphasis on victims of domestic violence. The Unit is comprised of civilian employees and volunteers who work with police members.

Once officers have responded to a crime and ensured the physical safety of all involved, Victim Services may be called to assist with non-policing issues such as emotional support and referral information. The Unit can also provide safety planning, counselling, and crisis intervention at the scene of violence.

Dalhousie Harassment Prevention Advisor at the Office of Human Rights, Equity, and Harassment Prevention: 902 494 1137

Members of the Dalhousie community can contact this office if they wish to report sexual harassment or violence on campus. They can also report sexual harassment and assault to South House if they don't wish to go through the office.

King's Vice President: 422 1271 ext. 164

In the absence of a dedicated ombudsperson or sexual harassment advisor, the Vice President is a resource and support for members of the King's community who experience harassment or assault.

Hollaback! Halifax: <http://halifax.ihollaback.org/>, @HollabackHRM (Twitter)

An online peer-support network where people of all ages and genders can share and discuss their experiences of street harassment.

Sexual and Reproductive Health

In case of emergency, you can call 911 for medical or police services

For non-emergency health information, you can call 811 to speak to a Registered Nurse. Additional information is available online at 811.novascotia.ca

Halifax Sexual Health Centre

902 455 9656

<http://www.halifaxsexualhealth.ca/>

(formerly Planned Parenthood Metro Clinic)

The Halifax Sexual Health Centre offers inclusive, non-judgemental service that promotes sexual and reproductive health within an environment that respects and supports individual choice. Emergency contraception (also known as “ECP”, “Plan B”, or “the morning-after pill”), and birth control refills are available during open hours. Anonymous HIV testing and counselling on Tuesdays and Thursdays (8:30 a.m. - 10:00 a.m.). STI testing (swabs and urine) and treatment; birth control options counselling; birth control prescriptions; IUD insertions and removals; pregnancy tests; pregnancy options counselling; referrals for pre-natal care, adoption services, and therapeutic abortions; Pap tests; breast exams; testicular and prostate checks. HIV nurses perform blood testing for hepatitis B, hepatitis C, and syphilis, Hep A/B vaccine for members of higher-risk populations (e.g. men who have sex with men, individuals involved with IV drug use, etc.). Counselling services are available as well and include one-on-one (or with your partner) counselling with a doctor on sexual health issues, which may include (but is not limited to): sexuality and relationship issues; sexual assault/rape/trauma; bio-identical hormone treatment assessment.

The Cord Blood Center

<https://www.cordbloodbanking.com>

At Cordbloodbanking.com, we want to provide you and your family with relevant information on cord blood, banking options and emerging research, so you can make the best decision possible for your family. Our organization promotes awareness for current and future stem cell treatments, and we are committed to being the most comprehensive and up-to-date resource available for mothers and families considering cord blood.

Dalhousie Sexual health centre:

Telephone: (902) 494-2171

<http://healthservices.dal.ca/>

Provides non-emergency medical treatment, STD/STI testing, pregnancy testing, HIV testing, emergency contraceptive. Dalhousie Health Service is **NOT A WALK IN CLINIC**. You must make an appointment in advance. HOWEVER, if you have an urgent medical problem, please call the office at 494-2171 and ask to speak to the nurse, and you will be fit in with the on-call doctor.

To book an appointment, call our APPOINTMENTS LINE at 494-2171 and book a time that is convenient for you. It is not necessary for you to disclose personal health matters to a receptionist when making an appointment. Contact information, hours and a list of services and fees are available at <http://healthservices.dal.ca/>. Plan B (emergency contraceptive is \$20, and a pregnancy test has a \$15 fee)

Note: the Dalhousie student health plan **does** cover most birth control!! Students get 80% coverage on generic brands and 50% on name brands, including IUDs, oral contraceptives, etc.

Stepping Stone | 902 420 0103 | rene@stepping-stone.org
<http://steppingstonens.ca>

Stepping Stone was founded in 1987 and is the only organization in the Maritimes that deals specifically with street life and sex work from a harm reduction model. Our offices and drop-in centre are located in a modest, non-residential house, where many of our staff members are former sex-workers.

The Family Focus Medical Clinic Halifax Professional Building | Suite 201, 5991 Spring Garden Road
Phone: 420.2038
Website: <http://www.thefamilyfocus.ca/>

Our Women's Health Clinics are generally held on Saturday mornings at all of our clinic locations except the Medicine in Motion Medical Centre. The frequency of these clinics depends on physician availability and the patient demand for these services. These clinics are staffed by female physicians and offer the following services:

- Pap smears
- STD testing/screening
- Breast examinations
- Birth control and menopause counselling

These clinics require an appointment. Please check the calendar for the next Women's Health Clinic in your area and call the clinic directly for more information and to book an appointment.

Midwifery Coalition of Nova Scotia |
<http://www.chebucto.ns.ca/health/Midwifery/index.htm>

The Midwifery Coalition is a consumer group. We are not midwives. For over 20 years, the Midwifery Coalition of Nova Scotia has been working to have midwifery accepted as a regulated health profession. Our goal is for midwifery services to be available to all women** in Nova Scotia, and have these services covered by health insurance.

We do our work by:

- lobbying politicians, health ministers, health critics, and civil servants
- participating in government sponsored task forces, working groups and committees
- maintaining a website with information on midwifery and links to other useful sites
- organizing public events and programs to let Nova Scotians know about midwifery

Venus Envy

Email: halifax@venusenvy.ca

Telephone: (902) 422-0004

www.venusenvy.ca

Your local feminist sex shop and bookstore. Shame-free sex education and products for all bodies and genders.

Legal Information and services

DSU Legal Assistance Service

SUB, Room 222.

dsusec@dal.ca.

Provides legal help to Dalhousie students for any legal problem, regardless of whether or not it is University related.

Legal Information Society of Nova Scotia: legalinfo.org | lisns@legalinfo.org

5523 B Young Street, Halifax NS B3K 1Z7

General Inquiries: 902 455 3135

Legal Information & Lawyer Referral Line: 1 800 665 9779

Dial-A-Law*: 902 420 1888

Offers recorded messages on various legal topics

“LISNS is the Legal Information Society of Nova Scotia. We are a charitable organization that has been operating for 30 years. Our mission is to enable Nova Scotians to have access to legal information, solve legal problems with informed choices, act on their rights and responsibilities. Our vision is that citizens of Nova Scotia understand and are able to act on their rights and responsibilities in accordance with the law.”

Dalhousie Legal Aid Services: law.dal.ca/dlas | 423 8105 | legalaid@dal.ca

2209 Gottingen Street, Halifax NS B3K 3B5

Dalhousie Legal Aid Service is a community-based office in the north-central neighbourhood of Halifax, Nova Scotia. It also is a clinical program for law students and is operated by the Schulich School of Law at Dalhousie University. Our funding is provided by Dalhousie Law School, the Nova Scotia Legal Aid Commission, the Law Foundation of Nova Scotia and clinic alumni, friends of Dalhousie Legal Aid Service and special events. Dalhousie Legal Aid has a three-part mandate:

- 1) to provide legal aid services for persons who would not otherwise be able to obtain legal advice for assistance;
- 2) to conduct research, provide information, make recommendations, and engage in programs relating to legal aid and law reform in the Province of Nova Scotia;
- 3) to provide an educational experience in the solution of legal problems for students enrolled in the Faculty of Law of Dalhousie University who participate in the work of the service.

*** Look under News and Events for a Tenant Rights Guide and a Welfare Rights Guide.**

Nova Scotia Legal Aid: nslegalaid.ca

2830 Agricola St | 902 420 3450 or toll free 1 866 420 3450

Adult Criminal Law | 400-5475 Spring Garden Rd | 902 420 6583 or toll free 1 877 777 6583

HRM Youth and Duty Counsel | 401-5475 Spring Garden Rd | 902 420 7800

Nova Scotia Supreme Court Family Division: Duty Counsel | 3380 Devonshire Ave | 902 424 5616

“We provide legal representation primarily in criminal and family law cases. Financial, service coverage, and merit qualifications must be met. More information on services provided can be found at: <http://www.nslegalaid.ca/provided.php>. “

L'Association des juristes d'expression française de la Nouvelle-Écosse

ajefne.ns.ca

Information sur les avocats et juristes de la Nouvelle-Écosse qui travaillent en français. Inclut aussi un lexique juridique en français.

Family Law Nova Scotia

nsfamilylaw.ca

Call 902 424 5232 for information or 902 424 5616 to make an appointment with a Summary Advice Lawyer

This website offers information relating to the law, processes, and services that make up family law in Nova Scotia. This website will help you understand your family law issue and will provide the tools to allow you to navigate the options available to help solve your problem.

Indigenous Black & Mi'kmaq Initiative - Schulich School of Law -

IndigenousBlacks.Mikmaq.Programme@Dal.Ca

Telephone: (902) 494-1639

Mi'kmaw Legal Support Network:

cmmns.com/Legal.php

The Mi'kmaw Legal Support Network (MLSN) is the umbrella operation from which culturally appropriate, justice related projects and programs are developed and implemented. The administration of MLSN is operated through The CMM with staff in Millbrook, Halifax and Eskasoni. MLSN services are available to all Aboriginal people residing in Nova Scotia.

Elizabeth Fry Society of Mainland Nova Scotia | 902 454 5041 or toll free outside of the HRM 1 877 619 1354

<http://www.efrynovascotia.com/>

2352 Gottingen Street, Halifax NS

efrymain@efrynovascotia.com

Holly House: 1 Tulip Drive, Dartmouth

Outreach Worker: 902 446 4592

Financial Coordinator: 902 446 3974

Housing Applications: 902 454 5041 ext. 24
Our Thyme Cafe: 98 Portland Street, Dartmouth 902 446 3974 or 406 7467
www.ourthymecafe.ca

The Elizabeth Fry Society of Mainland Nova Scotia was formed by a group of concerned citizens who realized the need to work with, and on behalf of women in conflict with the law. These citizens also identified the need to raise public awareness on related issues. They were interested in how the Nova Scotia criminal justice system depicted, and treated women.

Our Mission Is to respond to the needs of women in prison; develop community services and supports for women who have been charged with offences or are at risk of coming into conflict with the law; improve the quality of life for the children by assisting the mother in overcoming barriers to meeting societal expectations; raise public awareness by publicizing issues of women and the law; lobby for improved penal facilities for women; lobby for changes in criminal justice.

Holly House

Located on 1 Tulip Street, Dartmouth, N.S., Holly House provides affordable housing for homeless women. Each Woman can stay up to 2 years, and during that time participate in a number of services aimed at helping her to become an independant, productive member of society.

Our Thyme Cafe Based on a model of social enterprise Our Thyme Cafe and Catering provides an education and employment program for women and female youth experiencing or at risk of experiencing homelessness, involvement in the criminal justice system and/or other issues and barriers related to living in poverty. From an outcomes perspective the project will provide immediate employment skills for women and female youth with a long term goal of creating sustainable employment for those women. Partnerships with the Nova Scotia Department of Community Services Employment Support Program and Service Canada's Employment Program will provide wage subsidy and job creation monies to support this initiative. Our program is open to all women.

Department of Victim Services: novascotia.ca/just/victim_Services/
277 Pleasant Street, 3rd Floor, Dartmouth 902 424 3307

Victim Services has four Regional Offices and operates four core programs. Victim Services also provides expertise and policy advice and develops special initiatives in response to the needs and concerns of victims of crime.

The Criminal Case: Step-by-Step Guide: gov.ns.ca/pps/criminal_case.htm

Rehabilitation Services

Alcoholics Anonymous: <http://www.aahalifax.org/> | (902) 461-1119

“Alcoholics Anonymous® is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for

membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.”

Narcotics Anonymous: <http://www.centralnovaarea.ca/>

Meeting information: 902 454 2913,

help line, someone will answer or return your call: 902 789 8323

“Narcotics Anonymous is a non-profit fellowship of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. Membership is open to anyone irrespective of age, sex, religion, lack of religion, race, creed or class. The only requirement for membership is a desire to stop using drugs. Narcotics Anonymous is a completely voluntary organization. Membership is open to anyone with a drug problem seeking help, regardless of what drug or combination of drugs have been used or are using. No membership attendance records are kept. Anonymity is one of NA's most important traditions. There are no dues or fees for membership. Narcotics Anonymous is entirely self-supporting and accepts no financial contributions from non-members. Most members regularly contribute small sums of money at group meetings to help cover expenses such as rent, literature, tea and coffee. Contributions are not mandatory and we ask newcomers and those not financially rehabilitated not to contribute. The core of the Narcotics Anonymous program is a series of twelve steps, adapted from the recovery program of Alcoholic Anonymous. These steps include admitting to a drug problem; seeking help; self-appraisal; confidential self-disclosure; making amends when possible, where harm has been done; achieving a spiritual awakening and supporting other drug addicts who want to recover.”

Marguerite Centre: <http://www.themargueritecentre.com> | 902-876-0006,

email: programmarguerite@eastlink.ca

“The Marguerite Centre is the only facility of its kind in Nova Scotia for women recovering from addictions and abuse. It is a place where holistic therapies such as reiki, yoga, acupuncture, journal writing and healing circle are as prevalent as conventional therapies; a place where nature and spirituality hold an integral place in the journey.

Located in the Halifax Regional Municipality, The Marguerite Centre is staffed 24 hours a day. Residents receive their own room, can live here for up to a year, and are empowered to create their own path to healing and recovery. Counsellors work with residents to develop positive personal and family plans and goals.”

General Information about Drug and Alcohol Rehabilitation:

<http://www.canadadrugrehab.ca/>

This website provides links to drug and alcohol rehabilitation programs across the country including in the Halifax region.

Mental Health

Laing House: <http://www.lainghouse.org/> | (902) 425-9018

Laing House is a peer support organization for youth with mental illness. Laing House youth are between the ages of 16 and 30 and have a diagnosis of mood disorder, psychosis, and/or anxiety disorder. It is a youth-driven and community-based organization where young people who are living with mental illness can get the support they need to rebuild their lives and make new connections.

Family Service Association: <http://www.fshalifax.com/> | (902) 420-1980

Family Service Association is an independent, not-for-profit, community-based agency that provides professional and confidential counselling services. They provide a range of individual, couple, and family counselling services, and address issues such as relationships, parenting, depression and anxiety, stress, violence and anger, grief and loss, separation and divorce, gambling problems, substance abuse, credit counselling, and other issues. Self-referrals are welcome, and fees are based on one's ability to pay.

Dalhousie Counselling Services | 902 494 2081 |

4th Floor, Dalhousie Student Union Building, 6136 University Avenue

<http://counsellingservices.dal.ca>

We are here to help you have a rewarding and successful university experience. We know how significant an investment of time, energy and resources you are making when you decide to come to university and how important it is that any problems that may arise do not prevent you from achieving your goals. We see our staff as kind of a safety net to help you deal with a wide variety of difficulties and to get back on track.

We are here to help you make the important transition from undergraduate to graduate and professional school studies whether what you require is assistance in writing a personal statement or preparing for your admissions interview. We are also here to help you make the important transition from university to the world of work whether what you need is information on career options associated with your degree or assistance in deciding what career path is right for you.

Trans women & trans feminine social club is for trans women and trans feminine folks to connect and build community. Open to support people any trans women and trans feminine folks wish to bring along. Meets once every two weeks at South House. Contact at HFXfem@gmail.com

DSU Mental Health Peer Support Initiative (902) 718-7158

Mental Health Lunch Time Series. Mondays 12-1pm @ South House

These are weekly workshop discussions on a different topic related to mental wellness, the history and politics of the peer support movement, self-care, and more! Open to all!

Care and Share Hang-out. Mondays 130-430 @ South House

Feel like dropping in and being crafty, or just de-stressing and meeting some new folks? This weekly event is an opportunity to chill and be a part of informal, organic peer support. Open to all!

Weekly Peer Support Group (Mental Health in Action at Dal). Wednesdays 630-830 @ South House

This is a place for mutual support and sharing for individuals working with any kind of mental health challenge. We also collaborate with other mental health services and groups on campus for the purposes of advocacy, and supporting students.

In peer support we believe that we all can offer support to each other. Contact us with your idea for a group discussion or workshop, we'd love to have you take a leadership role!

Queer Arab Support Group

A community support group for queer Arab/Middle Eastern folks. Contact queerarabshalifax@gmail.com

Transformers

A support group for transgender, non-binary, and gender questioning people. Contact: youthproject@youthproject.ns.ca

Women's Centres and Groups

South House Gender and Sexual Resource Centre

1443 Seymour street (side entrance), Halifax, Nova Scotia, B3H 3M6

Phone: (902) 494-2432 Email: outreach@southhousehalifax.ca

Website: www.southhousehalifax.ca

The South House Gender and Sexual Resource Centre exists in recognition of our common and diverse needs. We at the Centre know that you cannot work for a society free of sexism and patriarchy without also working for a society free of all forms of oppression. We are here to support all people dealing with oppression.

The SoHo is a gender-inclusive "safer space" and home-away-from home for all students, staff, and faculty of the Dalhousie/King's community and welcomes all members of the community. The SOHO provides referrals to resources within the community, free meeting space for anti-oppression groups, a kitchen, volunteer and employment opportunities, bursaries, free childcare, and much more.

St. Mary's University Women's Centre

5th floor, Student Centre, 923 Robie Street, Halifax, Nova Scotia, Canada B3H 3C3

Phone: 902-496-8722

smu.womenscentre@gmail.com www.facebook.com/SMU.WomensCentre

The Saint Mary's University Women's Centre promotes gender equity and feminisms and celebrates women through activities and events. We are a queer and trans-

positive space and embrace an anti-oppression philosophy. We are involved in a variety of political and social causes and activism and invite groups to use our space for feminist projects.

We offer free resources, advocacy, referrals, and unique feminist programming. Some of our services include weekly stitch and bitch gatherings, free sports for women, feminist discussions, workshops and film screenings. We have a growing feminist library of books, journals and movies available to borrow and free condoms, pads, tampons, coffee and tea!

Tri-County Women's Centre | <http://www.tricountywomenscentre.org/index.html>

Outreach offices:

- Digby: 9 Water st. 902 245 6866 | jenny@tricountywomenscentre.org
- Shelburn: 35 King st. 902 875 04777*** | patricia@tricountywomenscentre.org
- Yarmouth: 12 Cumberland st. 902 742 0085 | tcwc@tricountywomenscentre.org

The Tri-County Women's Centre is a community based, feminist organization that understands both the need to offer direct services and programs, as well as to carry out community development and social advocacy as a means of achieving equality for women. The centre covers the three counties of Yarmouth, Shelburne, and Digby in the Southwest tip of Nova Scotia. We offer a high level of service that is used by individual women, youth and their families. It is also a place of referral for other community based, government and health agencies. The centre is a multi-issue entry point for women and adolescent girls.

The Woman's Place, Annapolis | 902 532 1898 | 1 877 392 8800

Womensplace1@ns.aliantzinc.ca

www.womensplaceresourcecenter.com

228 St George St

Our mission is dedicated to the well-being and economic status of women in the Kings, Annapolis and Digby Counties. We work with communities to achieve this mission through a variety of [programs and services](#) as well as creating a safe place for women to gather, share, grow and be. By supporting women, we recognize that we in turn nurture the growth of children, families and the entire communities that we serve.

LEA Place Women's Resource Centre | 902 885 2668 | leaplace@ns.symatico.ca

<http://www.leaplace.com/>

22709 Highway #7, Sheet Harbour

LEA Place is dedicated to achieving equity and equality for women by:

- Improving the well-being and economic status of women and adolescent girls with information, services, programs, support and advocacy designed to address the complexity of issues in their lives.
- Increasing community awareness and providing public education on issues of concern to women and adolescent girls.

- Uniting women, their communities and government to create public policy to advance the status of women.
- Advocating for women's human rights.

Antigonish Women's Resource Centre | 902 863 6221 | antig.women@ns.sympatico.ca
www.antigonishwomenscentre.com

204 Kirk Place, 219 Main Street, Antogonish

We provide services to individual women and adolescent girls that include crisis and ongoing problem-solving support, information, advocacy, accompaniment and referral. Our services and programs are designed to provide a comprehensive approach to problem solving and are delivered in a manner that promotes self-awareness, independence, and individual decision-making.

We act as an initiator and as a participant in our community for action on numerous social issues affecting women. We undertake research, community development and community education initiatives that promote the well-being of women. In addition, we extend some services and programs to women's family members, male and female survivors of sexual assault, and adolescent girls and boys.

Pictou County Women's Centre | 902 755 4647 | pcwc@womenscentre.ca
www.womenscentre.ca

503 South Frederick St, New Glasgow

The Pictou County Women's Centre is a non profit, community based resource centre that provides support, advocacy, information, programs and community education.

The Centre is available to ALL women regardless of their age, sexual orientation, background, race or origin. By offering programs and services to women, we further develop social justice, community development, self help and women's health.

Central Nova Women's Centre | 902 895 4295 | ed@womenscentre.ca
www.cnwrc.weebly.com

676 Prince Street, Truro

Central Nova Women's Resource Centre provides an opportunity for women of all ages to develop personal and social growth in all areas of life such as: self, family, employment, education, leisure and community.

Every Women's Centre, Sydney | 902 567 1212 | women.centre@ns.sympatico.ca
 21 Trinity St, Sydney

<http://www.nsdomeesticviolence.ca/resource-map/every-womans-centre>

The centre offers a variety of services to women and families, from aiding with employment prospects to collecting sponsors for their annual adopt-a-family campaign at Christmas

Comprehensive list of women's groups <http://www.distel.ca/womlist/countries/canada/novascotia.html>

The list is sorted by postal code. Search the document by pressing (ctrl + F key and searching for Halifax or another area). The list was last updated in 2005 and may be out of date. It is a good starting point when looking for a local women's organization.

Women's Shelters

Transition House Association of Nova Scotia | 902 429 7287 |

Provincial Coordinator: Pamela Harrison

215-2099 Gottingen St

thans.ca

coordinator@thans.ca

Our organizations "...provide a full range of support services to women and their children in a safe, supportive environment and... provide survivors of violence with opportunities to learn about available resources and alternatives to facilitate informed personal choices and decisions." THANS works from a feminist-based perspective that seeks to work collaboratively with other community organizations and the three levels of government, as allies, in addressing these barriers and eliminating violence against women.

Adsum House | 902 423 5049 |

Immediate Housing Assistance: 902 423 4443

2421 Brunswick St

adsumforwomen.org

For the past 28 years, Adsum has been meeting women and children and female youth where they are, without judgment, offering a range of services and support during periods of homelessness.

We operate out of four locations in the Halifax Regional Municipality: an emergency shelter, second-stage housing and two affordable, supportive housing buildings for women and children.

Bryony House | distress line: 902 422 7650 | administration office: 902 429 9002

info@bryonyhouse.ca

<http://www.bryonyhouse.ca>

Bryony House is a 24-bed shelter. Each year, approximately 470 women and children stay with us and 2,500 distress calls are answered. Our dedicated counsellors are there to answer the 24-hour distress line, provide individual/group supportive counselling, public education, advocacy and referrals. An important part of our work is to break the cycle of violence. Women who contact us come from many walks of life, socio-economic classes and cultural backgrounds. What they have in common is that they are in, or are fleeing, an abusive intimate relationship.

Today, we continue to provide transitional supports and services that strengthen our community, educate the public and saves lives.

Barry House | 902 422 8324 |

2706 Gottingen Street

<http://www.shelternovascotia.com/facilities-and-services/barry-house>

Run by Shelter Nova Scotia

Barry House provides emergency shelter for women and their dependent children experiencing homelessness. Women with pets are welcome too.

Nehiley House | 902 454 5532 | stacydort@shelternovascotia.com

3170 Romans Avenue

<http://www.shelternovascotia.com/facilities-and-services/nehiley-house>

Run through Shelter Nova Scotia

Nehiley House is a Community Residential Facility for women making the change from prison living to community living. Sometimes, a Community Residential Facility is called a halfway house. We work very closely with Correctional Service Canada to ensure our community is safe and the women we serve receive the best possible access to programming and services.

Phoenix House | <http://www.phoenixyouth.ca> | 902-446-4663

Emergency contacts, Phenix Centre for Youth: 902 420 0676

Phoenix Youth Shelter: 902 446-4663

1094 Tower Road

Phoenix's Emergency Youth Shelter provides homeless youth aged 16-24 with short-term emergency housing and offers an exit from street-life. This 20 single room facility was established in December 2001 to provide safe accommodation to 15 male and five female residents. Services offered through Phoenix's Emergency Youth Shelter include counselling and therapeutic support, crisis intervention, on-site health care, social skills development and clothing, food and other daily essentials. Phoenix also offers a range of other supports, including a ten-bed long-term residential service, a supervised apartment program, and a learning and employment program.

Men's Shelters

Out of the Cold Emergency Winter Shelter: 1479 Barrington Street (St. Matthew's Church), 225-0770

Open to all people aged 16 and older, including trans*-identified people, couples, and people with pets. Capacity: 15. Open 9 pm – 8 am.

Metro Turning Point: 2170 Barrington Street, 902 420 3282,

michellewheeler@shelternovascotia.com, <http://www.shelternovascotia.com/facilities-and-services/metro-turning-point>

Metro Turning Point provides emergency shelter for men experiencing homelessness, operating under a harm reduction framework. Capacity: 80, pets welcome.

Salvation Army Shelter: 2044 Gottingen St, 902 422 2363, <http://halifaxcentreofhope.com/>

Provides emergency housing for men aged 19 and up. Capacity: 40.

Sir Stanford Fleming House: 2549 Barrington Street, 902 423 1219, michellemacrae@shelternovascotia.ca, <http://www.shelternovascotia.com/facilities-and-services/sir-sanford-fleming-house>

Sir Sanford Fleming House is a Community Residential Facility for men making the change from prison living to community living. Capacity: 21.

Phoenix House:

1094 Tower Road, 902-446-4663,
www.phoenixyouth.ca

Phoenix's Emergency Youth Shelter provides homeless youth aged 16-24 with short-term emergency housing and offers an exit from street-life. This 20 single room facility was established in December 2001 to provide safe accommodation to 15 male and five female residents. Services offered through Phoenix's Emergency Youth Shelter include counselling and therapeutic support, crisis intervention, on-site health care, social skills development and clothing, food and other daily essentials. Phoenix also offers a range of other supports, including a ten-bed long-term residential service, a supervised apartment program, and a learning and employment program.

Employment

Women's Employment Outreach | womensemploymentoutreach.org | 902 422 8023
1888 Brunswick St Suite 807, Halifax | admin@womensemploymentoutreach.org

Women's Employment Outreach provides a range of free services to women who are unemployed, nearing unemployment, on stress-related leave, or are looking for a career change.

Dalhousie Career Services Centre | dal.ca/csc | 902 494 3537

Dal's Career Services Centre offers drop-in service as well as longer appointment times for students to meet with a career advisor. They also offer job postings and career fairs.

Saint Mary's University Student Employment Centre | smu.ca/administration/sec
902 420 5499 | 5916 Inglis Centre Saint Mary's University

We help students to prepare for, understand, and enter the labour market. We post job opportunities on our 'physical boards' in the centre and post on-line to our website.

Direction Emploi | directionemploi.ca | 902 406 3172 | info@directionemploi.ca
Université Sainte-Anne campus 1589, rue Walnut, Halifax

Grâce à notre service de soutien dans la création d'outils pour la recherche d'emploi et notre service de réseautage, nous permettons aux membres de la communauté francophone de faire leur recherche d'emploi dans leur langue. Nous offrons divers services gratuits et nous vous encourageons à visiter un de nos centres et à explorer notre site Internet.

MetroWorks Employment Services | mymetroworks.ca
7071 Bayers Rd, Suite 5009, Halifax | 902 453 2982

Lakeside Employment Services | 1492 St. Margaret's Bay Rd | 902 876 4445
Spryfield Employment Services | 349 Herring Cove Rd, Suite 105 | 902 477 5011

With three locations in HRM, Metroworks Employment Services provide job search assistance, training direction and support to clients, who are unemployed, underemployed, seeking employment or changing careers.

Phoenix Youth Learning and Employment Centre | 902 431 9682
6169 Quinpool Rd Suite 220, Halifax
phoenixyouth.mmwebserver1.com/programs/employmentcenter

The goal of the program is to provide youth with support and learning opportunities for skill development so that they are able to make a successful transition to school. As well, we support youth to develop the necessary and appropriate skills for meaningful employment.

YMCA Employment Centre of Halifax | yechalifax.ca | 902 425 3464
2269 Gottingen St Halifax

The YMCA Employment Centre is a one-stop employment service for job seekers allowing them to job search independently or with assistance, meet with an Employment Specialist or Job Developer, participate in employment readiness workshops, and take computer courses that will assist them with job searching. We offer a resource centre which is open 5 days a week, Monday-Friday from 9 a.m. to 4 p.m. with access to computers for job searching, resume and cover letter writing, and emailing. Fax machines and photocopier are also available for job searchers.

Job Junction | jobjunction.ca | 902 455 9675

Halifax Shopping Centre Annex 6950 Mumford Rd, Halifax

Job Junction is a free service, open to anyone and everyone who is looking for information about employment. Our central Halifax location is close to major bus routes, has plenty of free parking, convenient hours of operation and is wheelchair accessible.

LakeCity Employment Services: <http://www.lakecityemployment.com/> | (902) 465-5000

LakeCity offers employment services to those who are 19 or older and have a primary diagnosis of mental illness. You will meet one-on-one with an employment counsellor who will help you to create and implement a plan. LakeCity can help people

access education and training, create a resume and prepare for interviews, help you find paid employment, access money for work related items and training, and more.

Food, Clothing, and Furniture Resources

FEED NS | www.feednovascotia.ca | 902-457-1900

FEED Nova Scotia is a charitable organization that helps feed hungry people by collecting and distributing food to more than 150 member agency food banks and meal programs, while at the same time striving to eliminate chronic hunger and poverty through research, awareness and support programs. If you are in need of food for yourself or your family, they can help you locate the nearest food bank or meal program. During office hours, you can call 457-1900. After hours, you can call the FEED NS Helpline at 421-1188.

Food Not Bombs | <http://foodnotbombs.h-a-z.org> | 902-406-0934

From Food Not Bombs' website: "We are not an organization. We do not have meetings. At these non meetings we do not make consensus decisions. We don't have a solid set of principles that all members agree upon. We do not have members. Most of what we do is chaotic and on the fly. Yet somehow, we manage to serve incredible meals twice a week, even in storms, and pretty much on time. We make vegan food because it's easy and accessible, but when we have meat or dairy we'll bring that too. It's more or less an iron chef competition every serving, since all our food is donated by folk (mostly farmers) who would otherwise end up making it into compost. Our cookings and servings aim to be good places for people to meet; to plot further making-absolutely-everything-free."

Food serving times are Sundays at 1 pm at the Halifax North Public Library and Wednesdays at 5:30 pm at Spring Garden Library.

Parker Street Food and Furniture Bank | www.parkerstreet.org | 902-425-2125

The Parker Street Food and Furniture Bank helps provide basic essentials, such as food, furniture, and other household items, to those in proven need. All furniture and household items are provided free of charge to any family with proven needs (a delivery charge may apply, however). Call during office hours and a delivery time will be arranged. If the furniture you need is not in stock, wait lists are available.

Dress for Success | www.dressforsuccess.org/halifax | 902-493-7377

The mission of Dress for Success is to promote the economic independence of disadvantaged women by providing professional attire, a network of support and the career development tools to help women thrive in work and in life. They provide interview-appropriate clothing and accessories to women who are seeking employment but who are unable to afford the essential clothes they need to make a positive first

impression. A referral to their services is required, and a list of the 35 referral agencies they work with is on their website.

MaiRai Circle | <http://mairaicircle.weebly.com/> | 902-493-7377

MaiRai Circle is a clothing sharing circle for children from birth until they start school at 4 or 5. Clothing, outerwear, and footwear are rotated around as members need them, recycling and re-using things until they are worn out. Members agree to take care of the items they use and to return them to the circle when they are done with them. People interested in becoming members must apply through the website and then meet over coffee with the circle coordinator.

Advocacy Support

Dalhousie Student Advocacy Service: Helps students receive fair and reasonable decisions on issues dealing with academic appeal and discipline matters. All inquiries are confidential. SUB, Room 310. dsas@dal.ca. 494-2205. Note: website not available

Office of Human Rights, Equity & Harassment Prevention: Offers advice, information and support to students, faculty and staff. Any vexatious, unwelcome, or threatening/intimidating behaviour is not tolerated at Dalhousie. (See the [Code of Student Conduct](#).) If you or a friend, male or female, is having difficulty, please contact the DWC or the Office of Human Rights, Equity & Harassment Prevention. Henry Hicks Arts & Administration Building, Basement Level, Room 2. 494-1137. Contact: Gaye Wishart, Harassment Prevention/Conflict Management Advisor, gaye.wishart@dal.ca.

Immigrant Services Association of Nova Scotia

www.isans.ca

Toll free telephone: 1-866-431-3607

ISANS is a leading community organization that welcomes immigrants to Nova Scotia. Working in partnership, we offer services and create opportunities to help immigrants to participate fully in Canadian life.

ISANS recognizes the key role of immigrants in Canadian society. We work with newcomers to help them build a future in Canada. We provide a wide range of services to immigrants, from refugee resettlement to professional programs, from family counselling to English in the Workplace.

Immigrant Services Association of Nova Scotia was created by the merger of Metropolitan Immigrant Settlement Association (MISA) and Halifax Immigrant Learning Centre (HILC) –

together we have a combined experience of over fifty years serving immigrants in Nova Scotia. We are the largest immigrant-serving agency in Atlantic Canada with over 115 staff members from more than 30 countries. We offer services in an inclusive manner, respectful of, and sensitive to, diversity. We make partnership, professionalism and accountability a priority in every aspect of our work.

LGBTQ

DalOUT

(902) 494-2190 www.dalout.ca dalout@dal.ca 6136 University Ave., Room 321

The LGBTQ Society of Dalhousie University is a social, educational, support and action group for LGBTQ university students and, in general, any resident of the Halifax Regional Municipality. The group, although centered at Dalhousie University, is welcoming to everyone. We hold events ranging from BBQs, movies, socials, and bake sales to discussions, theme parties and guest lectures. We also hold office hours every weekday for people who have questions or would just like to come and talk. We are located in room 321 in the Dalhousie University Student Union Building, and the hours are posted on our Facebook page: <http://www.facebook.com/dalout>

Rainbow Refugee Association of Nova Scotia

LGBTQI asylum issues in general, support, and advocacy.
rainbowrefugee.ns@gmail.com

The Youth Project | youthproject@youthproject.ns.ca

902 429 5429

<http://youthproject.ns.ca>

2281 Brunswick Street

The Youth Project is a non-profit charitable organization dedicated to providing support and services to youth, 25 and under, around issues of sexual orientation and gender identity. We have a provincial mandate so although we are located in HRM, we travel around the province to meet with youth in other communities. We provide a variety of programs and services including support groups, referrals, supportive counselling, a resource library, educational workshops, social activities, and a food bank.

Gay Halifax

gay.hfxns.ca

This collaborative wiki site is a queer encyclopedia for Halifax. Among other things, the site lists local events, groups, and services, and has an extensive section on Halifax's queer history.

COLAGE

<http://www.colage.org/>

COLAGE unites people with lesbian, gay, bisexual, transgender, and/or queer parents into a network of peers and supports them as they nurture and empower each other to be skilled, self-confident, and just leaders in their communities.

Halifax Pride

www.halifaxpride.com

The Halifax Pride Society is a not-for-profit organization of volunteers dedicated to producing a Lesbian, Gay, Bisexual, Transsexual, Transgender, Intersex, Queer, Questioning, 2 Spirited, Asexual, and Allies (LGBTTIQQ2SA+; herein referred to as LGBTQ+) Pride Festival. Our mission is to produce a Pride Festival that is: Accessible to all; Fiscally responsible; Rewarding for all who participate, and Reflect and celebrate the best of the LGBTQ+ community and culture in Halifax and throughout Nova Scotia.

Rad Pride Collective

Email: radpridehalifax@gmail.com

Facebook: Rad Pride Halifax

Twitter: @radpridehfx

Halifax's only alternative, political queer and trans pride series. Creative, critical, and fun events and workshops every July. Join the collective!

NSCAD Queer Collective

<https://www.facebook.com/groups/inandoutatnscad/>

We are a student-run collective that focuses on topics and initiatives that are relevant to the queer community. As a collective we believe it is vital to build, nurture, and sustain a strong queer presence within NSCAD, and strengthen the queer community in Halifax. We strive to raise queer awareness, break down gender binary systems, and eliminate all forms of gender and sexuality oppression by maintaining an active presence within our school. Regardless of who you are or where you come from NSCAD is a place where you can be assured that you have allies.

Disability

DisAbled Women's Network Canada

www.dawncanada.net

Note: Website is under construction

DAWN-RAFH Canada is a national organization controlled by and comprised of women who self-identify as Women with disAbilities. We are from all backgrounds and all disAbilities. We are a feminist organization working to achieve control over our lives and end the stereotype that labels us dependent burdens on society.

reachAbility 429-5878

3845 Joseph Howe Dr, Suite 201, Halifax NS, B3L 4H9

www.reachability.org
info@reachability.org

reachAbility provides accessible opportunities for people with disabilities . Their programs cover the key areas of education, employment, legal issues, and recreation.

Teamwork Cooperative-Workbridge 422-8900

The Village at Bayers Road, Suite M278, 7071 Bayers Road, Halifax NS, B3L 2C2

<http://www.teamworkcooperative.ns.ca>

A centralized employment service which assists people with disabilities to become employed.

Halifax Association for Community Living | Administration: 902 463-4752 |

exdirhacl@eastlink.ca

2557 Maynard St, Halifax NS, B3K 3V6

www.halifaxacl.com

HACL offers support to individuals and families affected by intellectual disabilities. They can provide information, referrals, and advocacy support, and can accompany you to medical, educational, and legal meetings and appointments.

LakeCity Employment Services: <http://www.lakecityemployment.com/> | (902) 465-5000

LakeCity offers employment services to those who are 19 or older and have a primary diagnosis of mental illness. You will meet one-on-one with an employment counsellor who will help you to create and implement a plan. LakeCity can help people access education and training, create a resume and prepare for interviews, help you find paid employment, access money for work related items and training, and more.

Social Justice/Activism

NSPIRG-DAL | 902 494 6662 | info@nspirg.org | board@nspirg.org

Dalhousie Student Union Building, room 314, 6136 University Avenue

www.nspirg.org

The Nova Scotia Public Interest Research Group, or NSPIRG (pronounced 'enn-ess-perg') is a non-profit, non-partisan and non-governmental organization. Our mandate is to link research with action for social and environmental justice within an anti-oppression framework.

Stepping Stone

<http://www.stepsingstonens.ca/>

Stepping Stone is a charitable, not-for-profit organization that provides supportive programs and outreach to women, men, and transgender sex workers and former sex workers.

Halifax VIPOC

HRM/ Halifax VIPOC (Very Important People of Colour) Collective is volunteer-run and driven. We intend to meet monthly to support each other in person and online through social and educational activities, and act as resources for each other.

Our Mission: We aim to create safer spaces to connect across our common and diverse identities, and to host events across the HRM. This is a space for a diverse group of people, inclusive of ages, ethnicities, abilities, class. While we prioritize the inclusion of all POC (people of colour), we recognize and organize in response to the reality that Black and Indigenous people face historic and geographic exclusion and harsher realities. We work to encourage their participation and leadership.

Email: halifaxvipoc@gmail.com

Facebook: <https://www.facebook.com/groups/1060142563999359/>

Social Justice Youth Camp

The Social Justice Youth Camp (SJYC) has a long history of providing learning opportunities and raising awareness of current social justice and environmental issues for young Atlantic Canadians and is supported by a host of foundations, community, faith and labour organizations. SJYC brings together youth from all different communities and culture in the Maritimes, for a camp that focuses on social and environmental issues, culture, gender, sex education, race, and injustice. Since 2003, over 300 youth have participated in this program – making it the longest running camp of its kind in Canada. Come join the experience – come join the community!

<https://socialjusticeyouthcamp.wordpress.com>

The Halifax Music Co-op

www.thehmc.ca

(902) 293-3482

A non-profit determined to make ensemble music accessible to everybody in Halifax.

The goals of the HMC are:

- To provide a fun, safe, welcoming environment where musicians of all ages and skill levels can play great music together
- To help our members grow, not just as musicians, but as individuals
- To ensure that all members have access to quality learning opportunities, regardless of financial situation
- To challenge the conventional definitions of what an ensemble can be through adventurous, collaborative programming

Health and Wellness

In case of emergency, you can call 911 for medical or police services

For non-emergency health information, you can call 811 to speak to a Registered Nurse. Additional information is available online at 811.novascotia.ca

Halifax Sexual Health Centre

(tel) 902.455.9656

The Halifax Sexual Health Centre is a non-profit, charitable organization that promotes sexual and reproductive health within an environment that respects and supports individual choice. We believe that everyone has the right to complete, freely-accessible, non-judgmental information about sexual and reproductive health.

Health Association of African Nova Scotians

www.haac.ca

(902) 405-4222

The Health Association of African Canadians (HAAC) was formed in 2000 to address African Canadian health issues and the system inequities affecting health. Prompting the formation of HAAC was a project was sponsored by the Dalhousie School of Nursing and the Atlantic Center of Excellence for Women's Health. The project focused on women's health but stakeholders quickly acknowledged that women's health could not be examined in isolation. Thus, HAAC was formed with the understanding that women's health was a subset of the health of the entire family. Today, HAAC has a broad mandate and ready to implement a business plan with the goals, objectives and deliverables to meet its needs.

Sexual Health Nova Scotia

www.shns.ca

Sexual Health Nova Scotia (SHNS) is dedicated to promoting healthy sexuality throughout the life span, in an environment that respects and supports choice. SHNS is the representative body of the autonomous Sexual Health Centres located in Nova Scotia. We are associate members of Action Canada for Sexual and Reproductive Health (Action Canada).

prideHealth

Phone: (902) 473-1433

E-mail: cybelle.rieber@nshealth.ca or pridehealth@nshealth.ca

Aims to improve access to comprehensive and coordinated primary health care for GLBTIQ people in Nova Scotia's Central zone. For more information on the prideHealth program, or if you would like to consult on issues related to sexual orientation or gender identity, contact Cybelle Rieber, prideHealth Coordinator.

prideHealth Nurse

Phone: (902) 473-1433, Cell: (902) 220-0643

E-mail: ashley.sharpe@nshealth.ca or pridehealth@nshealth.ca

The prideHealth nurse is able to provide GLBTIQ folks with direct clinical care (such as Pap tests, STI and blood borne illness testing, immunizations, wound care, injection support and more) as well as health education, navigation and referrals. Call or email for more information, locations/hours, or to book an appointment.

Capital Health District Health Authority

STI Clinic at the VG Hospital

There is an STI clinic at the V.G. Hospital. It is a walk-in clinic (i.e., you do not need an appointment) on the 5th Floor of the Dickson Centre (5820 University Avenue) that is open Monday and Thursday evenings from 4:30 – 6:30 pm. They can do all testing (swabs, urine, and blood work) in one appointment.

Nova Scotia Federation of Community Health Centres

<http://www.nsfchc.ca>

Not-for-profit or cooperative, publicly-funded services

Community Health Centres across Canada are funded through the country's publicly funded, publicly-administered health insurance system – Medicare. In Nova Scotia, as in other provinces and territories, CHCs fall within the province's mandate to plan and coordinate health services. CHCs comply with the values, principles and requirements of the Canada Health Act, and CHCs are strong proponents of more accessible and equitable health services for all Canadians.

Community Health Centres bring diverse first-line health services and providers out from isolation and their traditional silos. Together, within the Community Health Centre, family physicians, nurse practitioners, nurses, dietitians, dental hygienists, health promoters, community health workers and other care providers and health program staff work as a team to deliver comprehensive care and support under a single roof.

Family Focus Medical Clinics

Call 420-6060

Four walk-in clinics located at 1) Spring Garden Rd; 2) Joseph Howe Dr; 3) Portland St; 4) Sackville Drive.

prideHealth

Phone: (902)473-1433, Cell: (902)240-7065

E-mail: Cybelle.Rieber@cdha.nshealth.ca

Aims to improve access to comprehensive and coordinated primary health care for GLBTI people in Nova Scotia's Capital Health district. For more information on the prideHealth program, or if you would like to consult on issues related to sexual

orientation or gender identity, contact Cybelle Rieber, prideHealth Coordinator,

Canadian Professional Association for Transgender Health

<http://www.cpath.ca/>

The Canadian Professional Association for Transgender Health (CPATH) is a professional organization devoted to the health care of individuals with gender variant identities. As an interdisciplinary, professional organization, the Canadian Professional Association for Transgender Health (CPATH) will further the understanding and health care of individuals with gender variant identities by professionals in medicine, psychology, law, social work, counselling, psychotherapy, family studies, sociology, anthropology, sexology, speech and voice therapy, and other related fields.

The Northern AIDS Connection Society

<http://northernaidsconnectionsociety.ca/>

The Northern AIDS Connection society provides education, information, support and advocacy on HIV/AIDS for people in northern Nova Scotia, specifically Pictou, Colchester, Cumberland and East Hants Counties.

Canadian Federation for Sexual Health

<http://www.cfsh.ca/>

The Canadian Federation for Sexual Health is a pro-choice, charitable organization dedicated to promoting sexual and reproductive health and rights in Canada and internationally.

AIDS Coalition of Nova Scotia

<http://acns.ns.ca/>

AIDS Coalition of Nova Scotia is an organization that promotes and supports the health and well-being of people living with and affected by HIV/AIDS. It aims to reduce the spread of HIV/AIDS in Nova Scotia.

The Ally Centre of Cape Breton (formerly the Aids Coalition of CB)

(902) 567-1766

Programming addresses such issues as poverty, housing, food, social environments and social support networks and work with such organizations as Feed Nova Scotia Food Bank, Peer Support and Drop In, Emergency/Permanent Housing Procurement, Sharp Advice Needle Exchange (SANE), Anonymous HIV Counselling, Testing and Referrals, HCV Testing, Blood Borne Pathogen Support, Prevention/ Education, Advocacy, and LGBTQ Education and Support for Safe Spaces.

Hepatitis Outreach Society of Nova Scotia

<http://www.hepns.ca/>

HepNS is a volunteer-driven charitable organization committed to community capacity and development, health promotion, public awareness, and implementation of social support networks throughout Nova Scotia for those living with, affected by, or at risk of developing Hepatitis.

Nova Scotia Association for Sexual Health (NSASH)

<http://www.nssexualhealth.ca/>

The Nova Scotia Association for Sexual Health is a non-profit organization dedicated to promoting healthy sexuality for all Nova Scotians across the lifespan in an environment that respects and supports choice. NSASH is the provincial voice of its members located throughout Nova Scotia.

Canadian Rainbow Health Coalition

<http://www.rainbowhealth.ca/>

The Canadian Rainbow Health Coalition / Coalition santé arc-en-ciel Canada (CRHC / CSAC) is a national organization whose objective is to address the various health and wellness issues that people who have sexual and emotional relationships with people of the same gender, or a gender identity that does not conform to the identity assigned to them at birth, encounter.

Canadian Women's Health Network |

<http://www.cwhn.ca/>

The Canadian Women's Health Network (CWHN) was created in 1993 as a voluntary national organization to improve the health and lives of girls and women in Canada and the world by collecting, producing, distributing and sharing knowledge, ideas, education, information, resources, strategies and inspirations.

We are a far-reaching web of researchers and activists, mothers, daughters, caregivers, and family members, people working in community clinics and on hospital floors, at the university, in provincial and federal health ministries, and in women's organizations, all dedicated to bettering women's health and equality.

Mainline Needle Exchange office: 902 423 9991

www.mainlineneedleexchange.ca

Mainline2@eastlink.ca

5511Cornwallis Street

The Mainline Needle Exchange program is a health promotion project dedicated to supporting current and former drug users through harm reduction programs. Harm reduction treats drug use as a health concern rather than a criminal or moral issue. We are

committed to supporting drug users to focus on their health and well-being through: raising awareness, education and empowerment.

Services and Contacts at Dalhousie

- Dalhousie Student Union: for any student-related issue.
- Canadian Federation of Students: Serving the interests of students and their unique needs, this organization lobbies the government and organizes around a number of issues: increasing tuition costs and discrimination against single parent students.
- Black Student Advising Centre: Provides services and programs in support of students of African descent. BSAC offers a wide range of opportunities for students and faculty including bursaries and scholarships, mentoring, a newsletter publication, and social events. Contact: Oluronke Taiwo, Advisor, 494-2210 (office) or 880-4602 (cell), taiwooa@dal.ca.
- Native Education Counselling Unit
- International Centre
- CKDU: Halifax's only alternative community radio station. The best of the best, CKDU specializes in counter-mainstream programming.

National Organizations and Government of Canada

- Status of Women Canada
- Nova Scotia Advisory Council on the Status of Women
- Nova Scotia Human Rights Commission
- Department of Justice Canada
- Supreme Court of Canada
- Department of Justice
- Canadian Human Rights Commission
- NAWL (National Association of Women and the Law)
- CASAC (Canadian Association of Sexual Assault Centres)
- NACSW (National Action Committee on the Status of Women): largest feminist organization in Canada with a coalition of 700+ member groups.
- CRIAW (Canadian Research Institute for the Advancement of Women)